

跨性別議題的三大要點

THE THREE PILLARS OF TRANSGENDER ISSUES

性別認同 Gender Identity 性別過渡 Gender Transition 性別承認 Gender Recognition

3個支援小貼士

3 SIMPLE TIPS TO SUPPORT

跨性別者 Trans persons

1 保持耐心並理解外界阻力
Be patient and receptive to resistance

2 聯繫及認識你的社群
Learn about your community

3 可行時，教育你身邊的人
Advocate for yourself when possible

家屬朋友 Family & Friends

1 提供無條件的支持
Give them unconditional support

2 尋找你的支援網絡
Seek support for yourself

3 與你的跨性別親友同行
Stand with - and stand up for them

公司機構 Corporate

1 檢視表格及文件上的性別標記及稱謂
Rethink gender and salutation on forms and documents

2 提供性別友善廁所及設施
Ensure everyone has access to bathrooms and other facilities

3 檢討公司政策是否性別友善
Craft a transgender-inclusive policy

同行者 Ally

1 保持開放、願意聆聽的態度
Keep an open mind and willingness to listen

2 持續學習及教育自己
Continue to educate yourself

3 問問題前先思考問題是否恰當
Be careful and considerate about what questions you ask

捐款支持

DONATION METHODS

性別空間有限公司(IR File No.: 91/18508)是根據香港《稅務條例》第88條認可獲豁免繳稅的慈善機構。捐款達港幣\$100或以上可申請退回香港稅項。

我們成立至今致力為跨性別社群服務，舉辦各種社群支援、公眾教育等等的活動，你的支持可以讓我們鞏固現有資源、及進一步拓展組織規模。

Gender Empowerment Limited (IR File No.: 91/18508) is being recognised as a charitable institution that is exempt from tax under Section 88 of the Inland Revenue Ordinance. Donation of HK\$100 or above is deductible against Hong Kong taxes.

Since establishing in 2015, we have supported the transgender community, as well as conducted public education. Your support can help consolidate our resources and further develop and sustain our work.

直接存入以下戶口 Direct Transfer to The Following Bank Account:

- Gender Empowerment Limited
- The Hongkong and Shanghai Banking Corporation Limited (004)
- 香港上海滙豐銀行有限公司 (004)
- 521-181081-838

轉數快FPS:

- 轉數快識別碼 FPS ID: 107679169

劃線支票 Cross Cheque:

- 支票抬頭請寫：性別空間有限公司 Payable to: Gender Empowerment Limited
- 寄回：九龍彌敦道380號逸東酒店1樓01室 性別空間
- Mail to: Office 01, Eaton House, 1/F Eaton Hotel, 380 Nathan Road, Howloon



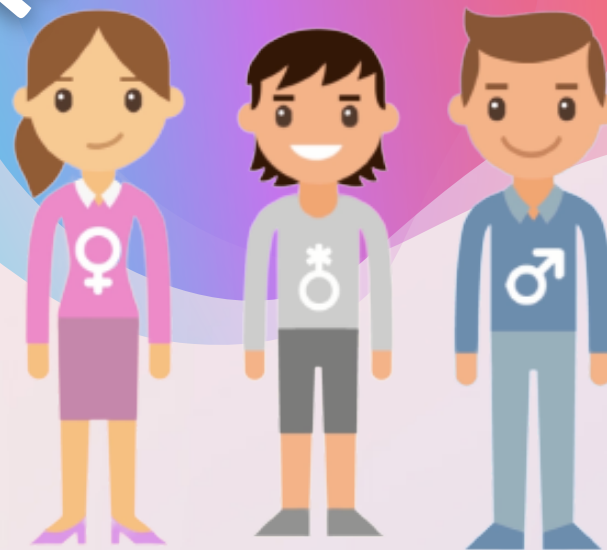
掃描QR碼了解更多捐款方式
Donate and support Gender Empowerment using the QR code



性別空間

Gender Empowerment

與跨性別者同行
WALK WITH
TRANSGENDER



組織網頁
Website



聯絡我們
Contact us

打破跨性別迷思

CHECK YOUR BIASES!

你以為...
You may assume...

其實!
But actually!

你褲檔有乜就係你嘅性別囉
Your gender is what's in your pants.

生理性別 ≠ 性別認同
Biological sex ≠ Gender Identity

變裝皇后/國王都係跨性別者
Drag kings/ queens are transgender

性別表達 ≠ 性別認同
Gender Expression ≠ Gender Identity

你想做男仔係因為你想同女仔拍拖!
You want to be a boy only because you want to date girls!

性傾向 ≠ 性別認同
Attraction ≠ Gender Identity

跨性別係一種精神病
You're mentally ill wanting to be trans.

性別不一致已於2019年去精神病化
Gender Incongruence has been depathologised since 2019

非二元性別? 你扮潮咋嘛?
Non binary? You're just confused and being trendy!

公元前2000年已經有非二元性別者嘅記錄!
Some non binary genders can be dated back to 2000 BCE!

所有跨性別者都會做手術
All trans people medically transition.

醫療干預係個人嘅選擇，有人亦只會選擇社交過渡
Some trans persons might only transition socially, it's different for everyone!

他、她、X也，啲代詞好難分!
He, she, they, ze... Pronouns are really complicated!

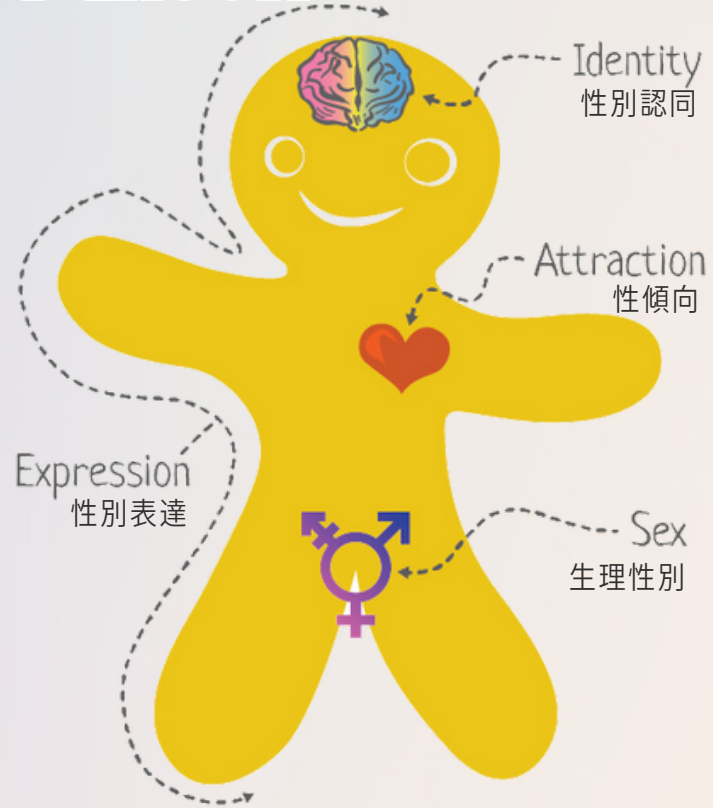
記名仲複雜啦! 代詞可以用作肯定一個人嘅性別認同
Pronouns can be one of the ways to express gender identity - it's easier than remembering names!

醫學角度唔係男就係女
There's only biologically male/ female.

全球有0.72%人口有雙性狀況，同紅髮嘅人口比例相若!
There's approx 0.72% intersex population, just about the same as people with red hair!

性別薑餅人

GENDERBREAD PERSON



出生時被指定性別
Assigned sex at birth

Male 男 Female 女
 Intersex 雙性

生理性別
Sex

Female-ness 女性
 Male-ness 男性

性別認同 Gender Identity

Woman-ness 女性
 Man-ness 男性

性別表達 Gender Expression

Femininity 女性氣質
 Masculinity 男性氣質

性傾向 Attraction

親密傾向 Sexual Attraction **及/或** **情感傾向** Romantic Attraction

Women a/o Feminine a/o Female people
女性 及/或 女性氣質 及/或 生理女性

Men a/o Masculine a/o Male people
男性 及/或 男性氣質 及/或 生理男性

跨性別是指其性別認同與其出生時被指定性別不一致的人士。

Transgender people are persons who identify themselves in a different gender other than that assigned to them at birth.

性別認同
Gender Identity

指自身心理對自己性別的意識。

Your psychological sense of self.

性別過渡
Gender Transition

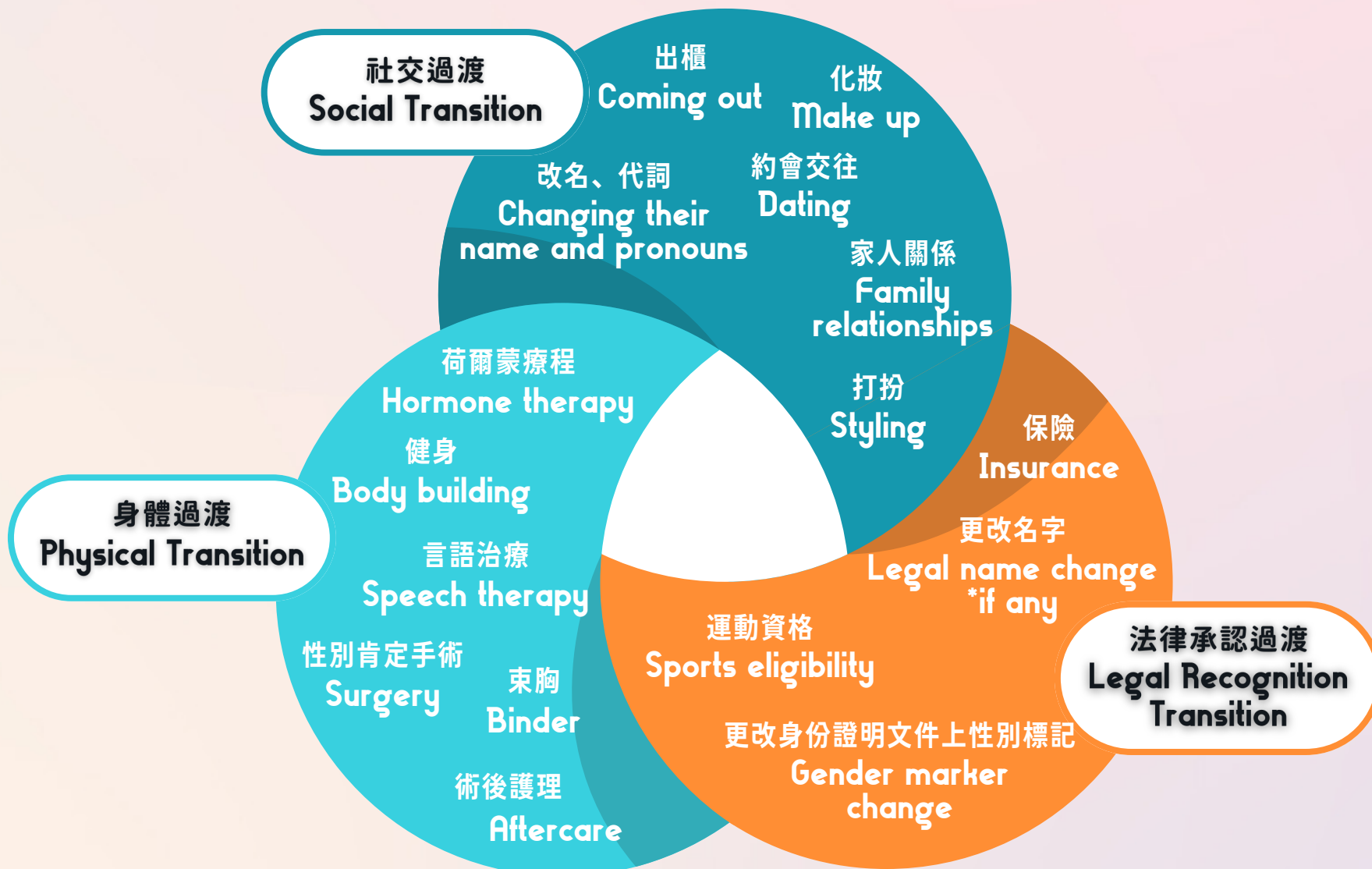
指跨性別人士以其認同的性別身份去生活的一個重要過程。

An important process for trans people to live their lives according to their identified gender.

性別承認
Gender Recognition

指某人的性別認同在法律上獲得正式承認，並反映於其個人身份證明文件上。

A person's gender identity is legally recognised and officially reflected in their identification document.



支援服務 OUR WORK

社群支援 Community support

我們提供直接支援和服務，例如心理輔導、職業輔導、言語治療和互助小組。我們的團隊來自各個領域的專業人士，致力為跨性別社群及其家人在性別過渡過程中的適應提供支持。

We offer direct service and assistance such as counselling, career counselling, speech therapy and support group gatherings. With a team of professionals in their respective field, we strive to support the transgender community as well as their families throughout their journey of self-discovery and gender transition.

研究出版 Research and publication

我們就與跨性別和性別多元相關的各種議題進行研究並出版刊物，主題包括體育共融、精神健康及身體過渡、法律承認及政策、社群歷史、文化和身份。

We conduct research and produce publications on various issues related to transgender and gender diverse community, topics include sports inclusion, mental health and physical transition, gender recognition and policy, community history, culture, and identity.

公眾教育 Outreach and engagement

我們會與不同的持份者合作，例如其他自助組織和非牟利團體、媒體、學術界、私營機構和國際組織。

We reach out to and collaborate with other stakeholders, such as other self-help groups and NGOs, media, academia, private sector, and international organisations.

社會創新共融 Creating Community Impact

我們生活在一個非常多元的社會- 每個人都有獨特的故事和背景- 我們希望透過提高社會對多元共融的關注度，在各個層面作出正面的影響。

We live in a very diverse society - we all are of unique stories and backgrounds - our goal is to create community impact on all levels by raising awareness and educating the wider society about diversity and inclusion of different identities.